

Primary Care PTSD Screen

Current research suggests that the results of the PC-PTSD should be considered "positive" if a patient answers "yes" to any three (3) items .

http://www.oqp.med.va.gov/cpg/PTSD/PTSD_cpg/content/appendices/appendixC.htm

Name _____ Date _____

In your life, have you ever had any experience that was so frightening, horrible, or upsetting that, <i>in the past month</i>, you...	Yes	No
Had nightmares about it or thought about it when you did not want to?		
Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?		
Were constantly on guard, watchful, or easily startled?		
Felt numb or detached from others, activities, or your surroundings?		

Action Plan: